

Child's Name(s)		Monthly Plan is \$50 for January (\$52 with Chapel Meal upcharge)		
Headwaters Christian Academy January School Menu		Monthly plan money due on 25th of prior month or \$3 per meal, please mark days and send in total amount for the month by 25th of prior month		* cereal & poptarts served every morning * menu is subject to change
Monday	Tuesday	Wednesday	Thursday	Friday
		French Toast Sticks	Pancakes	Cereal Bar
		Chicken Nuggets	Baked Spaghetti	Pizza
No School	No School	Macaroni and Cheese	Salad	Fries
		Applesauce	Peaches	Strawberries
1	2	3	4	5
Yogurtw/graham	Sausage Biscuit	Cereal Bar	Blueberry Muffin	Cinnamon Roll
Nachos	Hot Dog w/Topping	Ham and Cheese Sandwich	Chicken gravyw/rice	Chicken Sandwich
Salad	Fries	Chips	Green beans	Fries
Banana	Applesauce	Pears	Apple Slices	Oranges
8	9	10	11	12
	Cereal Bar	French Toast Sticks	Bacon Biscuit	Pancakes
No School	Grilled Cheese	Chapel Day Meal - Pizza \$5	Chicken Pie	Hot Ham and Cheese Sandwich
	Potato Soup	Ham and Cheese Sand w/chips	Mashed Potatoes	Chips
	Applesauce		Peach Cobbler	Juice
15	16	17	18	19
Chocolate Muffin	Honey Bun	Sausage Biscuit	Cinnamon Roll	Yogurt/graham
Hot Dog w/Topping	Baked Spaghetti	Chicken Nuggets	Sloppy Joe	Pizza
Mac n Cheese	Salad	Green Beans	Fries	Fries
Banana	Apple Slices	Peaches	Oranges	Pears
22	23	24	25	26
Cereal Bar	Cinnamon Biscuit	French Toast Sticks		
BBQ Sandwich	Chicken Tetrazzini	Nachos		
Coleslaw/chips	Salad	Salad		
Apple Slices	Oranges	Peach Cobbler		
29	30	31		

Chapel Meal *Please Choose 1 if purchasing for Monthly Meal Plan for Student and include upcharge of \$2 to Monthly Meal Plan

Cheese Pizza (2 slices) _____

Pepperoni Pizza (2 slices) _____

Mark # of additional Chapel Meals Needed for Visitors and include \$5 per meal in payment

Cheese Pizza (2 slices) _____

Pepperoni Pizza (2 slices) _____