

Child's Name(s)		Grade	Monthly Plan is \$50 for October		
Headwaters Christian Academy October School Menu			Monthly plan money due on 25th of prior month or \$3 per meal, please mark days and send in total amount for the month by 25th of prior month		
Monday	Tuesday	Wednesday	Thursday	Friday	
			Asst Breakfast	Asst Breakfast	
Ravioil w/Roll	Corn	Mashed Potatoes	Chicken Tenders	PBJ Uncrustables	
Fruit		Fruit	Fries	Chips	
			Fruit	Fruit	
			1	2	3
					4
			Asst Breakfast	Asst Breakfast	
Cheeseburger Macaroni	Breakfast	Pizza	NO SCHOOL	NO SCHOOL	
Green Beans	Hashbrowns	Salad			
Fruit	Fruit				
7	8	9	10	11	
			Asst Breakfast	Asst Breakfast	
Chicken Tenders w/Roll	Baked Spaghetti	Chapel Day Meal	Hot Dog	Grilled Cheese	
Mac n Cheese	Salad	Cheeseburger	Baked Beans	Salad	
Mixed Fruit	Fruit	Chips/Fruit	Fruit	Fruit	
14	15	16	17	18	
			Asst Breakfast	Asst Breakfast	
Hot Ham and Chese	Hamburger steak w/gravy	Chicken Sandwich	Pizza	NO SCHOOL	
Fresh Veggies	Mashed Potatoes	Mac n Cheese	Fries		
Fruit	Fruit	Fruit	Fruit		
21	22	23	24	25	
			Asst Breakfast	Asst Breakfast	
Nachos	Breakfast	Grilled Cheese	PBJ Uncrustables		
Salad	Tater Tots	Tomato Soup	Fresh Veggies		
Fruit	Fruit	Fruit	Fruit		
28	29	30	31		

Mark # of additional Chapel Meals Needed and include \$3 per
meal in payment _____