

Child's Name(s) _____		Grade _____		Monthly Plan is \$50 for October	
Headwaters Christian Academy October School Menu		Monthly plan money due on 25th of prior month or \$3 per meal, please mark days and send in total amount for the month by 25th of prior month		* cereal & poptarts served every morning * menu is subject to change	
Monday	Tuesday	Wednesday	Thursday	Friday	
		Asst Breakfast	Asst Breakfast	Asst Breakfast	
		Corndog	Chicken and Waffles	PBJ Uncrustables	
		Mashed Potatoes	Potato Wedges	Salad	
		Fruit	Fruit	Fruit	
		1	2	3	
Asst Breakfast	Asst Breakfast	Asst Breakfast			
Cheeseburger	Breakfast	Pizza	NO SCHOOL	NO SCHOOL	
Macaroni and Cheese	Hashbrowns	Salad			
Fruit	Fruit	Fruit			
6	7	8	9	10	
Asst Breakfast	Asst Breakfast	Asst Breakfast	Asst Breakfast	Asst Breakfast	
Chicken Tenders w/Roll	Baked Spaghetti	Chapel Day Meal	Hot Dog w/Toppings	Grilled Cheese	
Sweet Potato Casserole	Salad/Bread	Hot Ham and Cheese Croissant	Baked Beans/Onion Rings	Salad	
Fruit	Fruit	Chips/Fruit	Fruit	Fruit	
13	14	15	16	17	
Asst Breakfast	Asst Breakfast	Asst Breakfast	Asst Breakfast		
Cheese Quesadilla	Chicken Pie	Chicken Sandwich	Pizza	NO SCHOOL	
Fresh Veggies	Mashed Potatoes	Green Beans	Potato Tots		
Fruit	Fruit	Fruit	Fruit		
20	21	22	23	24	
Asst Breakfast	Asst Breakfast	Asst Breakfast	Asst Breakfast	Asst Breakfast	
Nachos or Soft Taco	Chicken Nuggets w/Roll	Grilled Cheese	PBJ Uncrustables	Pizza	
Salad/Beans	Corn	Tomato Soup	Fresh Veggies	Salad	
Fruit	Fruit	Fruit	Fruit	Fruit	
27	28	29	30	31	

Mark # of additional Chapel Meals Needed and include \$3 per meal in payment _____